



FULL NAME Sharon Mann

YOUR AGE 46 years

FAVOURITE FILM The Notebook, because I'm a hopeless romantic always want the happy endings.

FAVOURITE MUSIC French singer *Gerard de Palmas*, Maroon 5, and music by Jann Tiersen who wrote the soundtrack to *Le Fabuleux Destin d'Amélie Poulain*.

PREFERRED BEAUTY TREATMENT A manicure, there is nothing nicer than beautiful hands and with the gardening I do, I need all the help I can get.

REGULAR EXERCISE? Tuesday Pump class.

WHAT ARE YOU READING? *Raising Global Nomads* by Robin Pascoe: my three girls were born overseas and bringing them back to Australia two years ago has been a real learning experience for all.

WHAT ARE YOU EATING? At the moment way too much chocolate.

WHAT ARE YOU THINKING ABOUT?

How fast the days go and how I might slow them down, just a little.

FAVOURITE HOLIDAY SPOT New York City - I love the people, I love the shopping, and I love how anything goes.

IDEAL NIGHT OUT? Dinner in a restaurant, living in France has left our whole family interested in food.

IDEA OF A PERFECT ROMANTIC GESTURE

Nothing beats flowers.

DO YOU LIKE TO DANCE? Yes, but I can't dance formally at all.

BIGGEST CHALLENGE AT THE MOMENT Staying off the computer after hours, putting division between work time and family time.

PROUDEST ACHIEVEMENT Starting a new life in a new country, without knowing the rules: My husband's career took us abroad for 16 years and we lived in three different countries on 4 different occasions. I found myself in cities where I could not speak the language, nor did I understand the culture, and starting from scratch does test character. I love the balance you get when you eventually see a wider picture...

fabulous you

CURRENT GOALS AND AMBITIONS Immediate goals are to be able to speak Italian as well as I can speak French and maybe another language and then learn ballroom or Latin dancing. My ambition is to find a way to study to become a "Nose". Not for wine but for perfume. With that knowledge I would love to create my own range of home and garden fragrances.

DO YOU HAVE HAVE YOU EVER HAD A ROLE MODEL

This is a hard one because I think we admire people around us our whole life. I admire my parents for their devotion, my husband for his foresight, and my girls for their ability to adjust to change... ironically change is something I have never been good at, perhaps our role models are those around us that keep us happy, and continue the balance we strive for.

YOUR VIEW FOR LIFE AFTER 40 Gosh, what to say except I love life after 40. For me there is a certain confidence that gives me the freedom to express myself in a way that makes me happy. Understanding seems to play an important part in life after 40 for me too. Dare I say, I think we all grow up just a little after 40, and, for me personally, it's been my 40's that has given me clarification on what I want to do in life. I like this clarification.